Tickton Pre-school and Play Pals Changing Children Policy (Nappy Changing and Toilet Training Policy).



## **Tickton Pre-school and Play Pals,**

## Changing Children Policy.

# Nappy Changing and Toilet Training Policy.

Quality and Consistency.

A Secure Foundation.

Partnership Working.

Equality of Opportunity.

Unique Child

Positive Partnerships

Enabling Environment

Learning and Developing

## EYFS

### Promoting health, hygiene and equal opportunity.

We offer **all children the support they require** to develop confidence and skills to use the toilet. All children develop at different rates and in different ways. <u>All children are individual.</u>

## Policy statement.

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with children and parents towards toilet training (with regards to the fact that all children have individual needs when toilet training).

Tickton Pre-school and Play Pals Changing Children Policy (Nappy Changing and Toilet Training Policy). We have separate toilet facilities for children to use and a suitable hygienic changing facility for children who are in nappies.

We will make any necessary adjustments to our bathroom provision in order to accommodate children who are not yet toilet trained (and will work around the needs of the individual child). We see toilet training as a self-care skill that children have the opportunity to learn, with the full support and non-judgemental concern of key adults.

We support and encourage children to manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

We will support all children on their journey to toilet training and independence in any way we can.

## Procedures.

- We ensure that there is a safe, suitable, hygienic changing facility for changing children who are in nappies. This is cleaned after every 'change' (SEE SETTING RISK ASSESSMENTS).
- Key persons have a list of personalised changing times (if required/request by parents) children are changed regularly and as required.
- Each young child has their own changing bag to hand with their nappies/ 'pull ups' and changing wipes. Our setting has a spare supply of nappies, wipes and spare cloths.
- The Pre-school and Play Pals staff record the date, time and child's name each time a child is changed completing the 'changing children record'.
- Clean gloves and aprons are put on before changing each individual child and disposed of after each change appropriately in the nappy waste bin. Precautions are taken to ensure no child can access any nappy-sacks, aprons or plastic bags (risk of suffocation).
- The changing table and mat are cleaned before each individual child is changed -always using anti-bacterial sanitizer wipes.
- Children <u>must never</u> be left unattended when on the changing table.
- All waste in the 'nappy waste bin' must be taken outside to disposed of in the large ERYC council bin.
- Dirty/soiled clothes must be put into a nappy sack, tied and labelled then placed in the child's bag so parents can take home the clothes to be machine washed. The bag must be hung on the **top hooks** in the changing area to prevent children handling the plastic bag at any time.

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- Staff must wash their hands between all changes and use 'hand sanitizer' as appropriate.
- All staff must be familiar with the hygiene procedures and carry these out when changing nappies (see setting RISK ASSESSMENTS).
- Key persons ensure that nappy changing is relaxed and a time to promote, PSED, Physical development, independence and communication skills in young children.
- Children are encouraged and supported to wash their hands with soap, warm water and a clean paper towel after using the toilet and after being changed.

#### Staff instructions when changing a child:

- Always wear a set of clean gloves for each child you change and a clean plastic disposable apron (FOR EACH CHANGE).
- Always wipe the changing station using sanitation wipes after each change.
- Dispose of nappies in the 'nappy bin' and then these will be taken to the main disposable unit outside setting.
- Please record each change on our 'changing children record'.
- Parents must have completed a nappy cream form, please speak to parents/carers if you have any concerns.

Tickton Pre-school and Play Pals Changing Children Policy and Nappy Changing and Toilet Training Policy.

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk – staff must support this ongoing learning process.

- Children must be allowed time to play and explore the water and the soap. We use group times/cohort times to discuss hygiene at an age appropriate level with children.
- Key persons are gentle when changing; they must avoid pulling faces and making negative comment about 'nappy contents'. Key persons must never make inappropriate comments about young children's genitals when changing their nappies. If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have 'duty of care' towards children's personal needs.
- Children can access the toilet when they have the need to and are encouraged to be independent.
- Practitioners must work in partnership with parents/carers when supporting children through potty or toilet training.
- Nappy creams use <u>must be</u> signed for by parents/carers. This should be done at induction times or as required – forms must be kept in the child's confidential records.
- The **'BLUE'** mop is only to be used to mop the children's WC area. This mop bucket contains Milton and is stored in the staff store room when not in use at all times.
- Some children may prefer to be changed on the floor, this is absolutely fine. This area must be wiped down with anti-bacterial wipes, together with the changing mat this can be lifted down and placed on the floor.
- Nappy bags and gloves must <u>never</u> be left where children can play with or handle them – this could lead to suffocation or affixation if placed over the head or face. These are stored in the staff store room or on the high shelf in the children's WC area <u>out of reach of all children.</u>